

Prayer of Recollection

1. Prayer of Presenting

Lord, I am here; I present myself to you. Open my heart to the truth of what is going on in my life.

2. Prayer of Detachment

Open to the truth that in Christ and by means of Christ in you, you have already died with Christ to the old nature that used to live apart from God and to old identities that used to define your life.

Lord, at the core of my spirit, I am no longer defined by success, human approval, control, perfection, or accomplishments. Nor am I defined by my failures, sins, fears, and limitations. Nor am I defined by my roles as a father, mother, spouse, child, business professional, student, pastor, or any other role. Lord, my core identity is no longer in _____. I abandon and surrender my attempts to make something of my life today through these identities.

3. Prayer of Attachment

Affirm the reality of your true identity in Christ and Christ in you.

Lord, I open to the reality that what is most fundamental about me today is that I am in Christ. I am now clothed with Christ's righteousness, with full pardon from guilt and full acceptance from You. In Christ, I am precious in your eyes. I am your beloved. I am secure. And I am empowered for the journey ahead. That is who I truly am.

4. Prayer of Obedience

Offer your "in-Christ self" to the Lord today

Lord, may my mind and heart all day open to Christ, who is my life. And may I have the wisdom when the time is right to lay aside the old person and its ways and simply put on Christ. And through Christ dwelling in me by his Spirit, I put on His fruits of love, compassion, humility, kindness, forgiveness, gentleness, patience, self-control, peace and goodness.